The Pines School Newsletter



Week 10, Term 2 6th July 2018



Respect, Belonging and Fun Engaged Learning

Mincipal's News

This term has been very busy and everyone has worked hard to make it a successful term. Well done to the teachers and parents who continue to support the children to achieve their personal best.

Next term will also be busy with many things that we all look forward to, happening. Grandparents Day is always a highlight at The Pines and the school community enjoys the excitement and the competitiveness of Sports Day.

Term 3 is also when we do our 10 week Premiers Be-Active Challenge. This requires children to be physically active for at least 1 hour a day, both at school and home. We've been recognised as a leading school since the inception of this program.

Also a reminder to all parents and students that from the beginning of week 7 next term all children will be required to wear their hat during play-time. A notice will be sent home closer to the time as a reminder.

We all hope the children have a safe and wonderful holiday and they are re-energised for Term 3.

From the Leadership Team.

ENROL NOW

IN PRESCHOO

Going to preschool helps your child to learn new things, make friends and develop confidence.

Children who turn 4 before 1 May 2019 can start preschool at the beginning of the year before they start school.

Families are encouraged to register for 2019.

For more information www.education.sa.gov.au



Dates to Remember

Term 3

Week 1

23rd July First day of Term

Week 2

3rd August

Jeans for Genes Day

Week 5

20-24 August Book Week

24th August Grandparents/ Special Visitors Day

Week 6

31st August School Closure Day

Week 7

3rd September Pupil Free Day

Principal
Cherie Collings

Assistant Principal Sam Konnis

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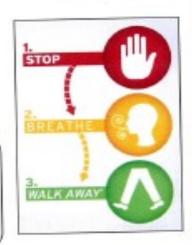
Room 10 + 11

This term, some students from both IELC and mainstream primary classes have been lucky enough to attend weekly 'Rock and Water' sessions. Rock and Water provides young people with strategies for self-awareness, confidence and resilience. Plus, it's a lot of fun!

Rock and water Looks Like...



"In the Rock and Water program, we learn that we should show our rock side when we feel that we need to be strong and stand up for ourselves"





"A water person is someone who responds, not reacts, to situations" - Ali





"Each one of us has a rock side, which is the strong side that is placed near our hearts to protect our loved ones; and the water side, which usually covers the rock, and this side represents the easy going part of us, when we go with the flow and communicate nicely with the others. Our rock side should be covered with water; we show our hard and solid part when it is necessary to defend ourselves and people we love"

HOLIDAY IDEAS

School Holidays are a great time to slow down, relax and maybe find a bit more time to spend as a family. I've got some ideas from the KidSpot website that you might like to try. Have a safe and restful holidays break everyone.

Mrs Simpson – Student Well-Being Leader



Enjoy a movie marathon

A rainy day is the perfect time to organise a movie marathon. Perhaps choose a movie series such as *Spy Kids* or movies with a theme, such as space, nature or comedy.

How it works: turn the idea into an event by creating invitations for everyone attending. Give every family member something fun to do - smaller children make great ushers and popcorn sellers, and the 'projectionist' can man the remote and pick the first film. Why not help the kids create a box office out of - what else - a box? Kids can then sell handmade tickets and popcorn from their box office window.

Organise a bug hunt in the backyard

There's no better way for kids to learn about the world around them than by getting out into it. Bug hunting encourages children to explore their own backyard in an open-ended way that will lead to adventures and imaginative play.

Get the kids searching around flowers, bushes and the bases of trees. Turning over small or medium-sized rocks will also usually yield some creepy crawlies.

Once they've found a bug, place some clean dirt in the bottom of a container and pick him up gently, then place him carefully in the container.

Kids can examine the bug through the container using a magnifying glass. Once they're finished, they can keep their specimens for a day or two before returning them to the garden.

Grow a herb garden

Herbs are fun to grow and your kids will love having their own garden to tend. They're easy to grow from seed, requiring little patience as some herbs, like cress and rocket, should start to sprout in as little as two days!

How it works: find a sunny spot in the garden – most herbs need lots of sunshine. Fill your pots almost-full of potting mix. Add a sprinkle of compost or blood and bone and mix in well. To sow seeds, follow packet instructions.

To plant seedlings, make a well in the pot that is as deep as your seedling. Gently prise the seedling from its container (you may need to tap on the bottom of the container to loosen the roots). Give the roots a little room by carefully loosening the soil around them. Plant into your pot, making sure the new soil stays level with the soil the seedling is planted in. Press down firmly around the plant to compact the soil a little.

Once your herbs are in, give them a good watering to help them settle into their new soil.

When planting herbs together in the same pot, remember to keep 'wet' and 'dry' herbs separate. This will make it easier to keep the conditions right for each herb group. Wet herbs like moist to wet soil conditions and dry herbs like well-drained soil. You'll need to water wet herbs more regularly than dry herbs.

Hold a LEGO building contest

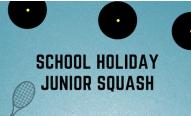
Put that tub of LEGO to use and challenge the kids to each build a house - with a 30-minute time limit - then judge first, second and third prize.

You could also put pieces of paper with a range of objects and ideas in a jar then take turns choosing one and giving everyone three minutes to make one as fast as they can. Then a judge decides whose sculpture most resembles the object.

Adapted from: https://www.kidspot.com.au/school/school-holidays/holiday-activities/12-easy-ways-to-beat-school-holiday-boredom-at-home/news-story/0ee735d5eee03c8201cafe7c10a5cd09







TUESDAY 10 JULY 1.00PM - 2.30PM THURSDAY 12 JULY 1.00PM - 2.30PM MONDAY 16 JULY 1.00PM - 2.30PM WEDNESDAY 18 JULY 1.00PM - 2.30PM FRIDAY 20 JULY 1.00PM - 2.30PM

INGLE FARM REC CENTRE

- ONLY \$5 PER DAY
- ALL EQUIPMENT SUPPLIED
- BOOKINGS ARE ESSENTIAL

CONTACT GRANT NORMAN 0419 844 238

OR GRANT@BALLINGARRY.COM

MONDAYS & WEDNESDAYS \$5 Per Session Fitness will still be on in the 'School Holidays! 4.30pm - 5.00pm 6yrs - 9yrs 5.00pm - 5.30pm 10yrs - 13yrs fernwood

Women's **Information Service**

Providing information to South Australian women online, over the phone and in person



Now at Parafield Gardens Children's Centre!

Monday to Friday, 9:00am - 3:00pm during school terms

Parafield Gardens Children's Centre 9 Casuarina Dr., Parafield Gardens SA 5107

Email – wis.pgcc@gmail.com Phone – 08 8258 3659







Can't find the information you're searching for? Not sure where to start? Need a hand?

The Women's Information Service provides information to South Australian women online, over the phone and in person. We aim to increase access to information that promotes choice and empowerment.

Our trained volunteers can give you a hand with your information needs and provide details about services which may assist you.

You can talk to us about:

- · family life and relationships
- · domestic/family violence
- education and training
- · health and wellbeing
- · housing and accommodation options
- financial matters
- · women's groups and events
- · or anything at all.



To register go to https://www.surveymonkey.com/r/Y98JYRH

For more information call 0438 801 557 or e-mail



The Southern Dragons School Holiday Clinic will be held in the July school

break and registrations are now open!

This clinic aims to cover all aspects of the game such as: attacking, defending, goal shooting, ball handling, footwork, as well as match play practice whilst fostering a fun and inclusive environment just for boys. Come along and learn from specialist boys netball coaches and your South Australian State Men's players!

ONLINE REGISTRATIONS CLOSE SUNDAY 8 JULY HTTP://WWW.SAMMNA.COM.AU/EVENTS/21060/ \$25 REGISTRATION FEE - BOYS AGED 5-11 & 12-16 YRS



JOIN US! JULY 12, 9 AM - 12 12 PRICELINE STADIUM













 ROLLER SKATING - LEARN 2 SKATE -· MEGA KINDIGYM · NETSKILLZ · - AUSSIE HOOPS AND SQUASH -

Ingle Farm Recreation Centre
Centre
Ingle Farm Recreation Centre
Cm Response St & Booxleft Rd, Ingle Farm PH-108 7422 1500 FAX: 08 8596 1752 Inglefarmrc.com.au



JULY SCHOOL HOLIDAYS NETSKILLZ

AUSSIE HOOPS

SQUASH CLINICS Tuesday 10 July Thursday 12 July Monday 16 July Wednesday 18 Ju Friday 20 July

on or a family of 4 for \$30.00

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Winter Wonderland Themed Roller Skating Disco - 14 July, 6pm - 9:30

LEARN TO SKATE

13th of July & 20th of July 10am -11am

MEGA KINDIGYM





Ingle Farm
Recreation
Centre

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